



Suneden News

May 2024



Dear Families,

We have had a lovely start to term 2, with lots of sunny days to enjoy. Classes have been busy engaging in a range of learning activities both in the classroom as well as out of the school including Line Dancing, Drumming Sessions, RAA Road Safety Visits, Recycling Centre Visits, supermarket shopping, and outings to Blackwood Botanic Gardens.

Winter is now just around the corner and as we head into the cooler weather, we are all trying to stay well and keep away from nasty coughs, colds and other illnesses. It is important that students with a common cold, discharge from the nose, or a temperature stay home from school until their symptoms have improved. Please remember that we are all working and learning in close contact with each other and that germs and illnesses can be easily spread.



If you are contacted by the class teacher or other member of staff to come and collect your child from school, we ask that you do this as promptly as possible to prevent the spread of germs. We understand this may be inconvenient particularly if you are working, however the flow on effect from spreading illness and germs is detrimental to the school community.



Please also note that whilst we have a reasonable list of relief staff, at times we can have a number of staff away unwell, and this may mean we need to redistribute staff, combine classes or split a class and place the students in a different class for the day.

Please remember to notify the school as soon as possible if your child has Covid or any other infectious illnesses.

Please also ensure that all jumpers are clearly named so that any that go missing will find their way back to you.

Morning Drop Off and Pick Up

If you are dropping your child to school after 9.30am due to an appointment or other, please remember that lessons have started for the day and classroom staff are unable to chat with you at this time.

In the afternoons, school finishes at 3.15. Students start heading out to the buses at approx 3.05pm. If you are collecting your child at the end of the day, please avoid entering the class prior to this time as this can be very disruptive for our students and the classroom learning.

Mother's Day Stall

We hope that all mums had a lovely Mother's Day on Sunday 12th May.

For a gold coin donation, students had the opportunity to select a small gift for mum or someone special in their lives.



Suneden Disability Services Expo

We had a fantastic level of attendance for our very first expo on Friday 10th May! It was great to see so many families. We had 11 external providers attend, each setting up a stand to share information with families. The energy in the room was high and there were lots of positive conversations. Thank you to parents who passed on positive feedback. We are certainly hoping to host one again next year.



Hot Shots Coffee ran a coffee stall at the expo and hit a record with 52 coffees in 2.5 hours!!!



Magic Show

We celebrated the end of term 1 with a Magic Show with George Stas from Adelaide Magic. Students were entertained with magic tricks and illusions and were even shown how to complete one of the tricks themselves. We were very proud of our students' audience skills as they all sat beautifully for the whole show which lasted close to 45 minutes. Well done everyone!



Variety AFL Max Day

A huge thank you to Variety SA for organising the recent Variety AFL Max Day. Variety SA funds many special events throughout the year through funds raised by their passionate and dedicated event entrants, generous sponsors, donors and supporters. Our students had great fun at AFL Max participating in a range of activities including trampolines, rock climbing, interactive game zones, inflatable obstacle course, footy kicking areas and a scavenger hunt. Please also see attached information on Variety's Grant program.



Principals Award

Well done Leo from Junior Red.

Leo did some great work in literacy this week, when learning about the letter m.

Leo was able to independently identify the letter m from a selection of other letters, and was able to trace the letter m.

Best Wishes
Heidi & Helen

Important Dates



Monday 10th June
Kings Birthday Public Holiday



Friday 16th August
School Photos



Friday 30th August
Art Show



Thursday 4th July
Last day of school for term 2

MATH



This term, students in Junior Green are learning about Australian Money.

We are identifying, sorting, ordering and adding coins and notes, as well as having lots of fun with sensory activities and 'shopping'.



MONEY

Junior Blue

COOKING AROUND THE WORLD



Each week, students in junior blue participate in a cooking lesson to prepare different dishes from around the world. Within these lessons, students learn to follow a recipe, measure out ingredients, utilise fine motor skills and use cooking appliances safely.



Middle Yellow

Term 2 is here and Middle Yellow has returned to school eager to learn.

We have continued to have fantastic lessons full of learning and of course some fun.

English

We have continued to learn about letter sounds by matching letters to images beginning with a sound. Many students are having lots of success with this, as they are with writing these letters. This term, for a writing lesson, we are working on making information reports about animals. We have learnt about what these include and how we can develop these. Students have been using laptops to develop these and work on using headings in different fonts and sizes and adding photos.



Maths

In maths lessons, we have started to work on time. So far, our learning has included ordering schedules of our daily lives, including what this looks like at home and at school. We have also worked on naming and making times on both digital and analogue clocks.



Bike Education

Students have been enjoying our weekly bike education session. It has been a great chance for us to be active while learning about bike safety.



Health & Wellbeing

Our fantastic Allied Health team has been supporting our class with some fantastic learning (thankyou Jo and Rhianna). We have begun learning about our bodies and how they change as we grow. We have also been learning about what skills, behaviours and understandings we use when visiting a café. This will be exciting for the students to apply as we start to embark on our café visits. We also went on a fantastic excursion to AFL Max.



Science

It's time to experiment. This term, we are exploring water based science experiments.



Middle Silver
have been busy!



AFL MAX



Learning about kindness.



developing friendships

dancing

cooking



drumming

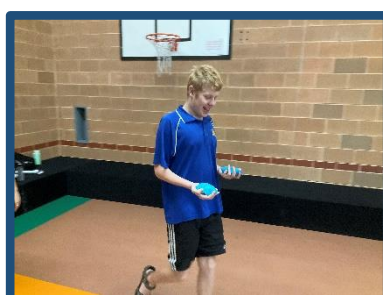


Enjoying a good story.

Senior Purple - Dancing

This term, Senior Purple have been enjoying dance sessions. Students have been listening to a range of music, engaging in various movements, and joining in activities such as parachute play.

During these lessons, we are enjoying using ribbons, balls and small beanbags to practise our balance and movement.



BEHAVIOUR SUPPORT

ADVISOR

This semester, the focus across the school has been a continuation of building a comprehensive understanding around our school values - The Suneden 5. Classes have participated within road safety sessions, social practices around our community, interacting safely with others, teamwork activities, developing conversation skills, listening to and following instructions, community outings and turn taking exercises. It has been wonderful to see students be active participants and skill build in these important areas of their lives.



MEET JACK

Jack loves Star Wars, soccer and AC/DC, and aspires to be a rock star himself one day.

Diagnosed with various medical conditions from a very young age, Jack found it difficult to move and see, making daily tasks and communicating challenging.

Through an \$80,000 grant, Jack travelled to the US with his family, for life changing surgery.

Jack is now able to walk independently, and happily plays soccer with his friends.



MEET LEILANI

Leilani loves to dance and act, and dreams of becoming a movie star. Her career goal is to work full-time in the performing arts industry.

Receiving a Variety Heart Scholarship of \$5,000 has supported her existing talent in dance, and helped cover tuition, travel, dancewear and costume costs.

Leilani has successfully competed in national dancing competitions, and been a cast member in a musical.



How to connect

Please feel free to email or call us directly if you have any questions.

 (08) 8293 8744

 grants@variety.org.au

 www.variety.org.au

 Variety SA

 @varietyorg

 @varietyorg

 variety-sa



We can help your child to reach their full potential



What we do

We help kids when others can't by supporting kids and their families who are facing many challenges through sickness, disadvantage or living with disability.

- We help kids with their mobility, communication and social skills - increasing self-esteem, and getting them out and about to enjoy the freedom of being a kid.
- We make sure the kids who miss out, can always join in.
- We believe all kids deserve a fair go.



"Our experience with Variety SA has been nothing short of incredible. The help our family has received is overwhelming, and we thank them from the bottom of our hearts."

David Grigg, Mackayla's Dad (Variety SA grant recipient)

How we help

GRANTS INDIVIDUALS AND ORGANISATIONS

We provide funding for a range of items that provide practical support to kids (0-18 years). Included, but not restricted to medical and mobility supplies & equipment, technology, therapy, medical assessments, educational resources, sensory equipment and wigs.

VARIETY HEART SCHOLARSHIPS

We provide individual scholarships to support kids (8-17 years) with an existing talent to reach their full potential. These include funding for the areas of sports, art or education to assist with coaching, equipment and resources, fees, uniforms etc.



Please scan or visit www.variety.org.au click *Apply for a Grant*

Since 1981 Variety has distributed more than \$72 million to help South Australian kids.



KIDS' EXPERIENCES SCHOOLS AND ORGANISATIONS

We manage experiences and events to engage and bring joy to school kids in need. These include Variety SA Zoo Picnics, Kids Xmas Party, AFL Max and Movie Days. Schools and organisations will need to register.





Supports for Families & Children

Siblings Australia is a national for-purpose organisation that promotes better support for siblings of children and adults with disability and their families. We believe, and research shows, that recognising and responding to the needs of siblings in childhood is a vital part of providing holistic support to families of children with disability.

We recognise that sibling children are at increased risk of feelings of isolation and challenging emotions, and that meeting the needs of all children can be tough for many families.

By supporting sibling children, we can help to maximise their well-being, capacity to manage, and also strengthen the lifelong relationship with their brother or sister with a disability.

If you're the parent of a sibling child, we're here to help you facilitate the best possible wellbeing outcomes for your whole family.

How we can help

SiBWISE

Is our online learning program, designed to help parents and professionals better understand and respond to the needs of siblings of children with disability.



Scan the QR code to learn more

Alex and Arlo: A Sib Story

for children aged 4-7 to read with their parents. Download your **FREE** e-book using the QR code



SiBWORKS

Facilitator training to equip your child's health professionals with the tools and resources to facilitate our internationally recognised peer support program for siblings aged 8-12 years.



Scan the QR code to learn more



SIBSUPPORT

We understand that every sibling's situation, priorities and challenges are different. We also know the importance of mental health and wellbeing, which is why we provide professional counselling services to help individuals and families navigate challenges that they may be facing.

Disability/chronic illness can impact the whole family and getting the right support is important.

Key features of our SibSupport service include:



- Individual counselling sessions tailored to your specific needs and goals
- Group counselling sessions for families to facilitate shared support and learning.
- Flexibility of online or face-to-face sessions (with in-person sessions facilitated across two locations in Adelaide).

SibSupport is available to child, adolescent or adult siblings and also extends to facilitate family counselling.

For more details or to make an appointment, click on the QR code



TeenSib hosted
by

Siblings
australia inc
for siblings of children and adults with disability/illness

Are you a teen sibling (aged from 13 up to 18 years) of someone with disability/illness?

Do you want to connect with other teens who understand the sibling experience?

We host a virtual TeenSib Peer Group for teens nation-wide and also an in-person Peer Group for Adelaide based teens.



Our peer groups provide the opportunity for TeenSibs to connect and exchange experiences in a fun and safe environment. We recognise that sometimes, no one understands a sib like another sib, so why not connect with people who understand the sibling experience better than anyone.



To sign up for updates on our TeenSib programs, scan the QR code to complete your online registration.

